

# anoukvandijk dc

## **Countertechnique Teachers Training (CTTT) - FAQ**

### **What's CTTT?**

The Countertechnique™ Teachers Training (CTTT) is a program that in three certification stages leads up to independently teaching Anouk van Dijk's Countertechnique for dancers.

### **What does the program consist of?**

The CTTT focuses on both the theoretical principles of the Countertechnique movement system and the practical training of Countertechnique classes. The program is centered around two-yearly, two week CTTT intensives, and is supplemented with update weekends, regular Countertechnique classes, monitored teaching practice, evaluative talks and the regularly updated Workbook for Teachers and the Workbook for Dancers.

### **What are the main focus points in the CTTT?**

Three things: 1. The toolbox, applying and understanding the principles of Countertechnique, 2. The Skeleton for building a class and 3. The Workbook for Teachers to understand didactics and mentality.

### **How do I get in?**

You should have at least five years of professional work experience and have attended a substantial number of Countertechnique classes, or taken part in one or more Countertechnique workshops. During these classes and workshops you should have displayed a thorough physical and analytical understanding of the Countertechnique and have shown to have the skills to convincingly apply these principles in movement. Further criteria that are used to determine eligibility are didactic skills, use and understanding of the English language and the personal motivation in joining the program, which includes the time one can and wants to spend on studying, practicing and developing.

### **When can I start to teach?**

The teacher certification has four stages. Teaching Countertechnique starts at the level Teacher. To get to the level Teacher, you first have to be accepted as ASPIRANT and then successfully complete a two week CTTT intensive. After that, to become a Senior Teacher you need to successfully complete a second two week CTTT. The final stage, MASTER TEACHER, is not a level that can be attained, it can only be awarded.

### **When does it take place?**

The 2012 CTTT intensive takes place from June 11-22. The program is 11 days in total; June 17<sup>th</sup> is a free day.

### **What does it cost?**

The fee for Aspirants attending their first CTTT in 2012 is 1.500 euro's. The fee for attending the second CTTT, in 2014 or 2016, either as Teacher or a second CTTT as Aspirant, is also 1.500 euro.

### **Do you have scholarships?**

We have no scholarships, but we are happy to help you by writing testimonials and providing information about the CTTT program in order for you to acquire financial support from third parties.

### **Do you provide housing for participants?**

We don't provide housing, but can assist you finding housing in Amsterdam.